

How can shared housing benefit me?

What is shared housing?

- Renting one room in a home with bathroom/kitchen privileges
- Sharing an entire house or apartment

Potential benefits of shared housing in addition to financial savings:

- Shared cooking
- Shared chores
- Companionship
- Sharing: veggie gardens, carpooling, holiday dinners, films and games, exercising, creative projects, etc.
- Supporting a green lifestyle by sharing resources

For seniors and those on fixed individual incomes:

- Companionship
- Health support
- Mutual encouragement for self-care
- Increased safety

For single parents:

- Sharing child care
- Sharing child development stages
- Sharing meal prep and other chores
- Sharing adult companionship
- Added socialization for child/children if sharing with another single parent